

Baptism

Matter

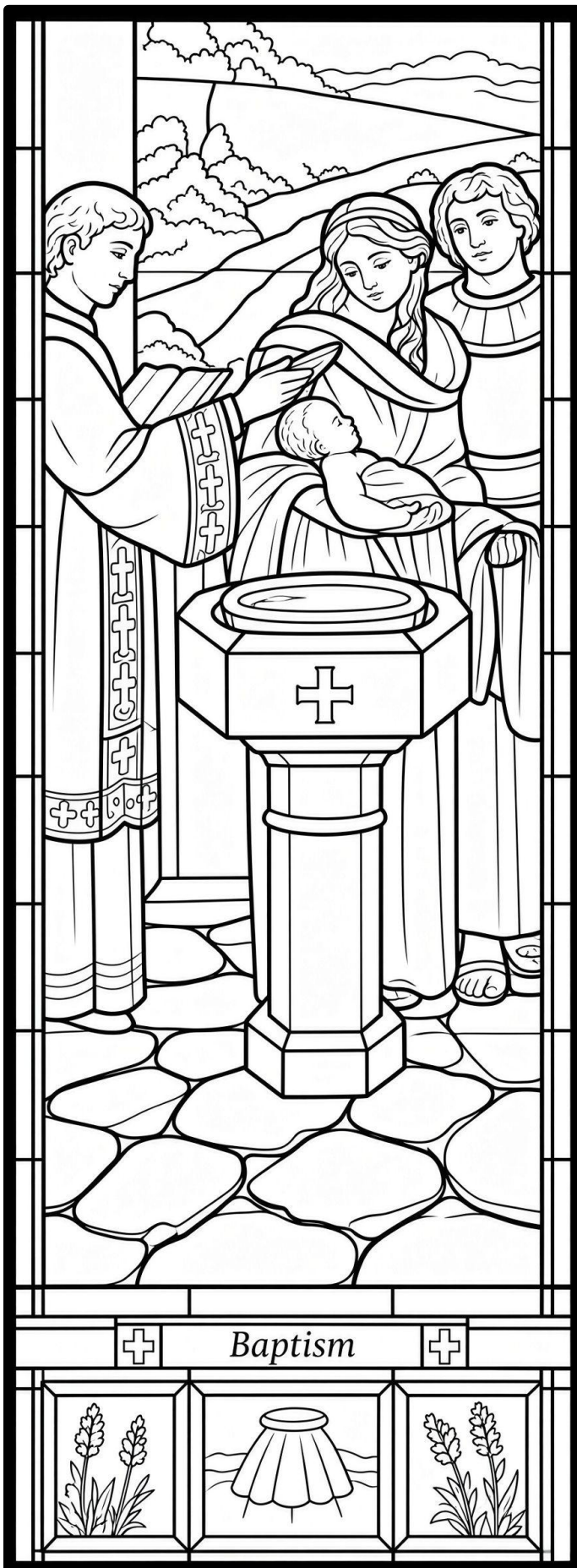
Water

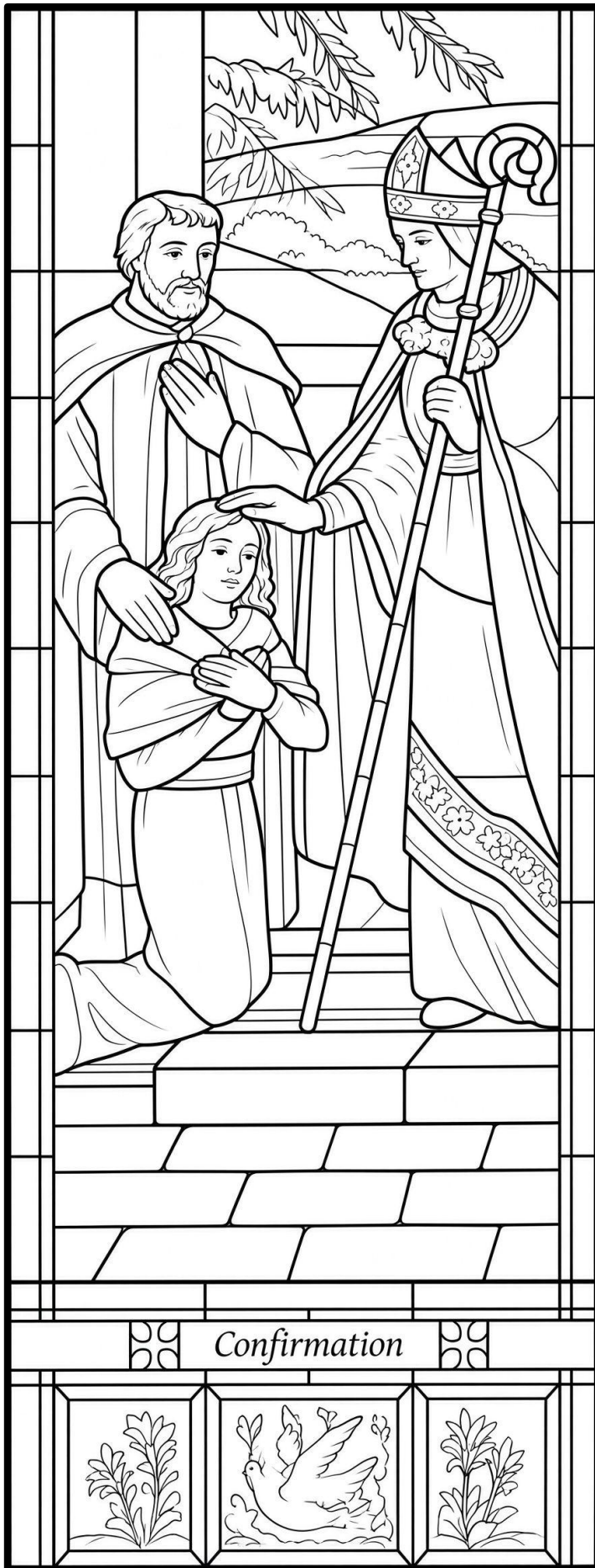
Form

“I baptize thee in the Name of the Father, and of the Son, and of the Holy Ghost.”

Baptism is how we are born again and enter into Christ’s Church. It leaves an indelible mark on the soul (“indelible” means that it can never, ever be removed).

Baptism is called a “sacrament of the dead” because before we receive it, we are spiritually dead because of original sin.





Confirmation

Matter

Chrism made of olive oil and balsam

Form

Anointing with chrism and the imposition of hands

In confirmation, we receive a spiritual seal and gifts from the Holy Ghost. Like baptism, confirmation leaves an indelible mark on the soul.

Eucharist

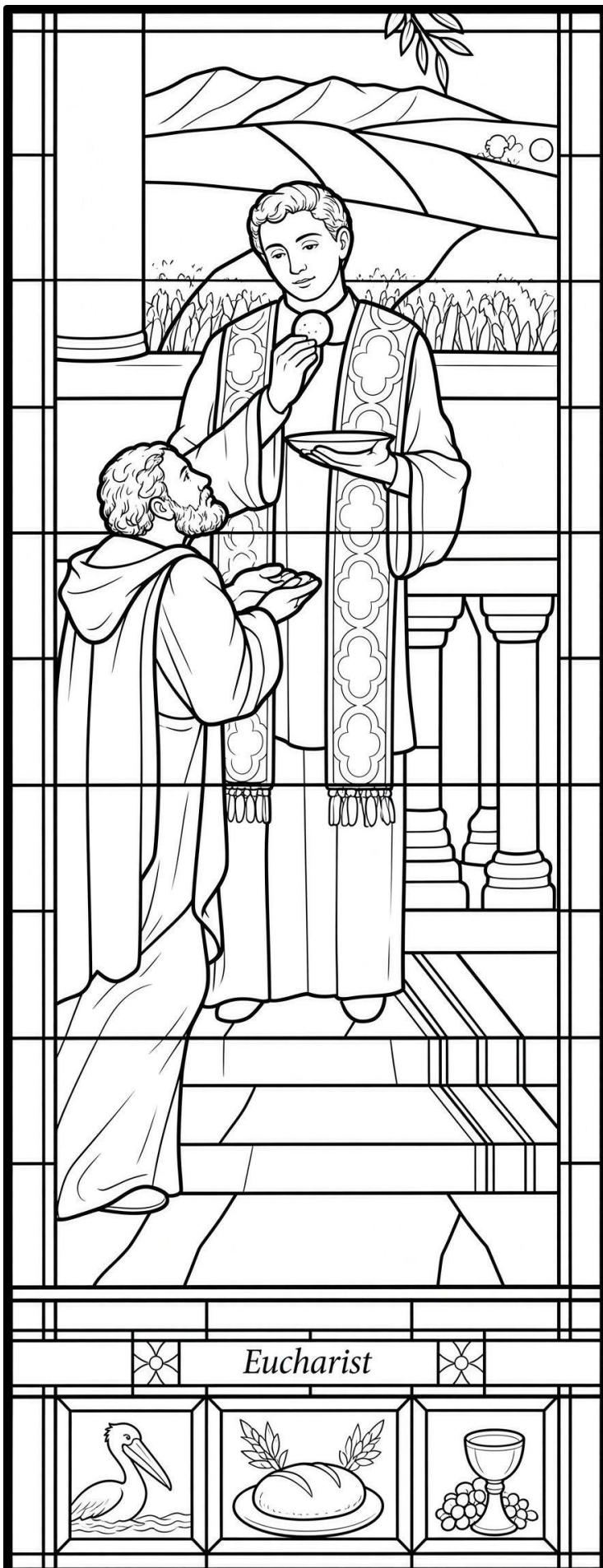
Matter

Wheat bread and grape wine

Form

The priest's saying "This is My Body" "This is the chalice of My Blood" at Mass.

Jesus tells us in John 6:54-57: "Amen, amen I say unto you: Except you eat the flesh of the Son of man, and drink His blood, you shall not have life in you. He that eateth My flesh, and drinketh My blood, hath everlasting life: and I will raise him up in the last day. For My flesh is meat indeed: and My blood is drink indeed. He that eateth My flesh, and drinketh My blood, abideth in Me, and I in him."



Confession

Matter

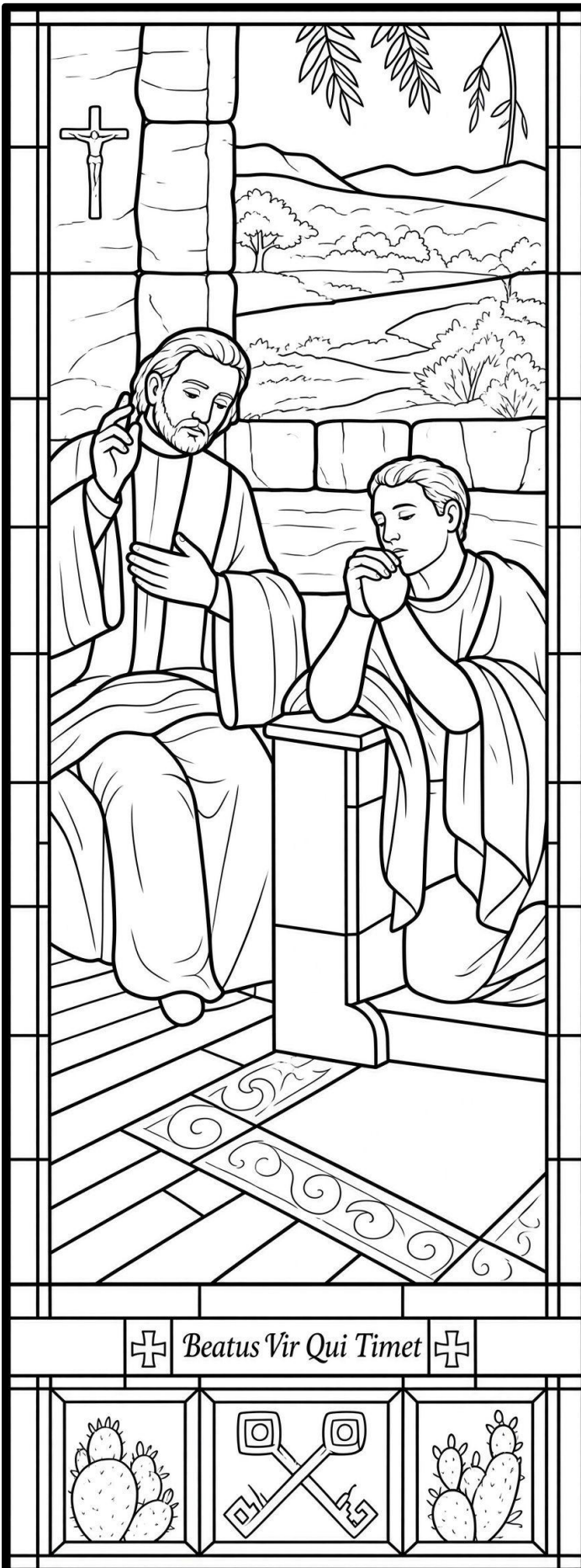
Contrition (being truly sorry)

Form

The priest saying “I absolve thee”

When we are sorry for our sins and go to confession, we tell God those sins through His priest. God then, through His priest, forgives us.

Confession is called a “sacrament of the dead” because before we receive it when needed, we are spiritually dead because of personal sins.



Holy Matrimony

Matter

The marital vows

Form

“I do” or “I will”

Holy matrimony is the sacrament by which a man and a woman become a family. It lasts until the death of either spouse.

Holy Matrimony and Holy Orders are called “the social sacraments” because they are important socially and because they confer social status: a man becomes a husband, and a woman becomes a wife.



Holy Orders

Matter

The imposition of hands

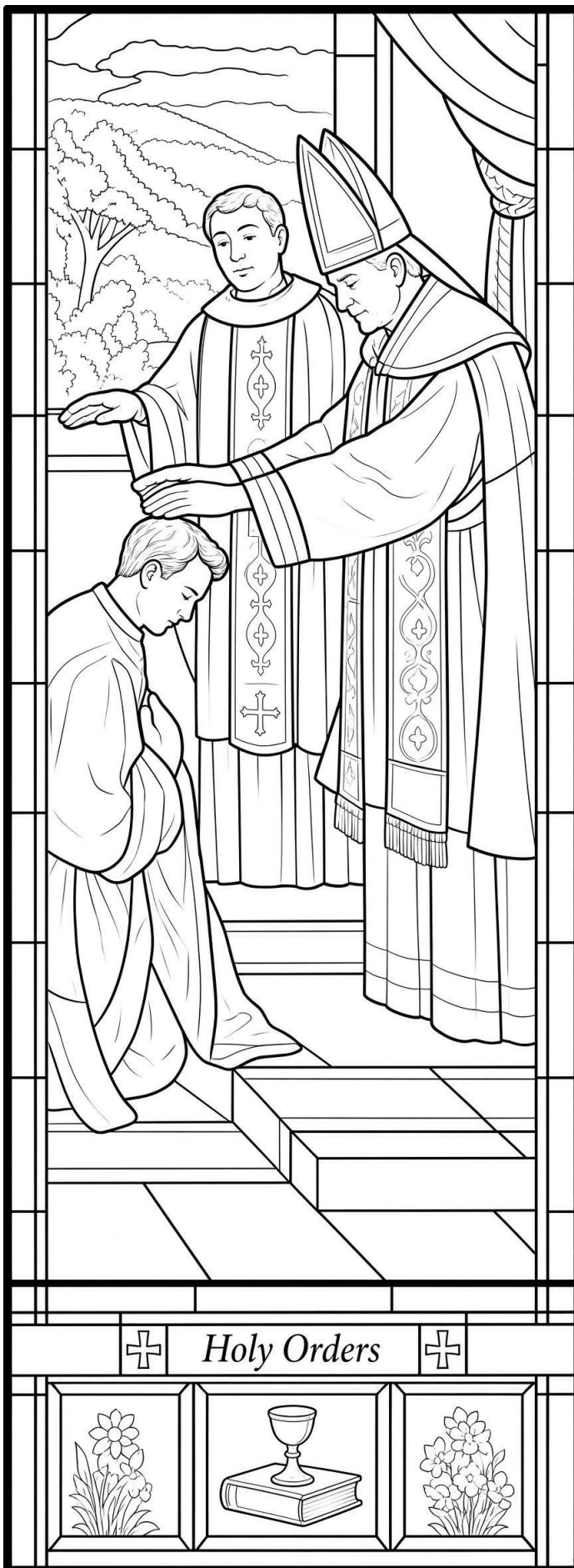
Form

“Grant, we beseech Thee, Almighty Father, to these Thy servants, the dignity of the Priesthood; renew the spirit of holiness within them, so that they may hold from Thee, O God, the office of the second rank in Thy service and by the example of their behavior afford a pattern of holy living.”

Holy orders is the sacrament by which a man becomes a priest.

Like baptism and confirmation, the sacrament of holy orders leaves an indelible mark on the soul.

Holy Orders, like matrimony, is called a “social sacrament” because it is important socially and because it confers a social status on the ones receiving it.



Unction

Matter

Oil of the sick

Form

“Through this Holy Unction or oil, and through the great goodness of His mercy, may God pardon thee whatever sins thou hast committed by evil use of sight (sight, hearing, smell, taste and speech, touch, ability to walk).”

Unction is the sacrament of the sick. When it is received just before dying, it is often called “Last Rites.” The Eucharist one receives during Last Rites is called “Holy Viaticum.”

